

MRI Arthrogram and Diagnostic Hip Injection

Dr. Alberta has recommended an MRI arthrogram of your hip. This is a special MRI that requires an injection of gadolinium contrast into your hip joint. This test is substantially better than a standard MRI to help diagnose tears of the labrum as well as other cartilage and bone problems.

To minimize your pain and inconvenience, and increase the value of the test, we recommend an injection of local anesthetic and corticosteroids at the same time as your MRI. This injection will tell us what portion of your symptoms is related specifically to your hip joint. Relief of symptoms from this injection is an excellent prognostic indicator as to how much benefit you may receive from surgery.

To help us make decisions regarding treatment, we would like you to track how much the injection benefits you as well.

Please use a 0-10 scale to rate your pain (with 0 being no pain and 10 being the worst pain you have ever experienced) at the various time periods below.

BEFORE INJECTION	2 HOURS AFTER	8 HOURS AFTER	24 HOURS AFTER	5 DAYS AFTER	2 WEEKS AFTER